

# METAL-REINFORCED SINGLE IMPLANT MANDIBULAR OVERDENTURE RETAINED BY AN ATTACHMENT: A CLINICAL REPORT

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Results of studies have shown that a single implant mandibular overdenture significantly increases the satisfaction and quality of life of patients with edentulism. The single implant-retained overdenture has the additional advantage of being less expensive and invasive than a 2-implant supported overdenture but has a high incidence of fracture of the acrylic resin base at the point of the implant. The treatment, design, and fabrication of a metal-reinforced single-implant mandibular overdenture with the Locator attachment as a retention device is described. (J Prosthet Dent 2014;111:16-19)

Edentulism correlates highly with low-income, poor health, and reduced education.<sup>1-4</sup> For more than a century, complete dentures were the standard of care for the patient with edentulism. Implant-retained or implant-supported prostheses have been shown to be more efficient than a complete denture, based on measures of quality of life, satisfaction, the ability to masticate, the ability to speak, and the nutritional state of the patient. 5-9 The use of either 2 or 4 implants for mandibular denture anchorage, either free standing or connected by a bar, is the treatment about which most is known. 10-19 Recently, the use of a symphyseal single implant for mandibular overdenture anchorage has been used as a treatment alternative and has been shown to be equally effective and less expensive than the 2-implant mandibular overdenture. 20-24 The standard ball attachment and the Locator attachment (Zest Anchors) are the 2 retentive devices that have been studied with the 1-implant mandibular overdenture, and both have positive outcomes.<sup>25</sup> A disadvantage of the 1-implant mandibular overdenture is the incidence of fracture, which is reported to be high for overdentures retained by either 1 or 2 implants.<sup>26</sup> If a fracture occurs, then it



1 Frontal view of existing denture and remaining mandibular teeth.



2 Panoramic radiograph.

tends to be in areas where the acrylic resin is the thinnest, that is, adjacent to the implant. This disadvantage

can be addressed by adding a metalreinforcing framework inside the acrylic resin base.

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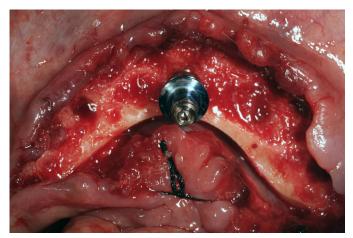
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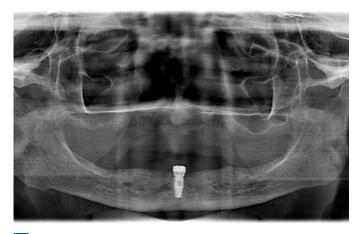
## **CLINICAL REPORT**

A 76-year-old woman presented to the Medica Sur Hospital, EG dental clinic with a poorly fitting maxillary denture and mobility of the remaining mandibular teeth (Fig. 1). Her medical history was not relevant to the proposed dental treatment. A clinical examination revealed a maxilla with ischemic tissue on the palatal site and erythematous tissue on the border of the ridge due to continuous wearing of the dental prosthesis. The mandible presented adequate posterior alveolar ridges with attached mucosa. Severe periodontitis of the remaining mandibular teeth was noted, and the radiographic examination revealed thin, finely trabeculated bone that separated the oral cavity from the nasal cavity, with extensively pneumatized sinuses. No evidence of intrinsic pathology was noted, with the exception of the severe periodontitis of the remaining mandibular teeth (Fig. 2). Among the treatment alternatives that were explained to the patient were conventional complete dentures, implant overdentures, and implant-fixed complete dentures with varying numbers of implants. Based on the patient's expectation, cost consideration, and diagnostic information, the treatment chosen was multiple extractions of the mandibular teeth with simultaneous implant placement and fabrication of a metal-reinforced single-implant mandibular overdenture retained by a Locator attachment.

At the surgical appointment, the patient was asked to complete a 30second preoperative oral chlorhexidine 0.12% rinse (Perioxidin; Ladec). Bilateral mandibular block local anesthesia was administered (4 mL Articaine with epinephrine 1/100 000 Medicaine Septodont), and the remaining mandibular teeth were atraumatically removed. After the extractions, a crestal gingival incision was made, which extended 10 mm distally onto the remaining alveolar process, and a full-thickness mucoperiosteal flap was reflected, which exposed uneven mandible bone excess. The mandibular midline was exposed,



3 Symphyseal implant tightened to 35 Ncm.



4 Panoramic radiograph 6 weeks after surgery, showing mandibular implant in place.



5 Locator attachment tightened to 35 Ncm.

and the alveolar ridge was leveled by using a round bur to create a flat bone base with sufficient restorative space. One root form implant (NT Osseotite 4×13 mm; Biomet 3i) was inserted into the mandibular symphysis and oriented perpendicular to the occlusal plane (Fig. 3). The implant was placed with

an insertion torque of 35 Ncm. A healing abutment was connected, and the mucosa was sutured with 3-0 continuous silk suture (Ethicon; Johnson & Johnson). Postoperative care instructions and medications were prescribed (amoxicillin and clavulinic acid 500 mg per 12 hours for 7 days and



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ketarolac 30 mg per 12 hours for 3 days). The surgical site was evaluated, and the sutures were removed after 2 weeks of healing.

The implant was allowed to heal for approximately 6 weeks, at which time a radiograph was made (Fig. 4). The Locator abutment was then connected to the patient implant at 35 Ncm (Fig. 5) and preliminary impressions were made with irreversible hydrocolloid (xantAlgin; Heraeus Kulzer). Custom impression trays were fabricated (Palatray XL; Heraeus Kulzer).

At the definitive impression appointment, the custom impression trays were border molded with modeling plastic impression compound (Impression compound type I; Kerr Corp). The impression was made with polysulfide impression material (Permlastic Regular; Kerr Corp). The Locator impression cap was used as a direct impression coping, and the implant Locator analog was placed in the definitive impression. The impression was immediately boxed and poured in Type III dental stone (Micro Stone; Whip Mix Corp) Resin record bases and wax occlusal rims were fabricated to average dimensions. An arbitrary facebow and vertical and centric relation interocclusal records were made. The definitive casts were articulated on a semiadjustable articulator (8500 series; Whip Mix Corp). The tooth arrangement incorporated both an anterior-posterior and mediolateral compensating curve to achieve bilateral balance occlusion.

The trial dentures were clinically assessed, and the accuracy of the articulated casts and condylar inclination settings were verified. The patient accepted the esthetics. The position of the mandibular teeth was recorded by making a facial polyvinyl siloxane matrix (Speedex Putty; Coltène/Whaledent). The mandibular trial denture was removed from the master cast, and the metal housing portion of the Locator abutment was connected. The design of the metal reinforced framework was drawn on the definitive cast. A wax block out was performed on the alveolar and around the Locator



6 Wax pattern of metal-reinforced framework.



7 Overdenture base with metal-reinforced framework.



8 Definitive prosthesis in place.

attachment area for the production of a refractory cast. Preformed plastic patterns for partial removable dental prostheses were placed onto the investment cast to create the desired contours for a custom-made metal reinforcing

framework (Fig. 6). The wax pattern was sprued, invested, and cast with a base alloy with traditional methods (Vitallium Alloy Co60 Cr31 Mo6; Dentsply). The metal framework was finished and placed onto the definitive cast. A facial

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silicone matrix was used to facilitate accurate repositioning of the mandibular denture teeth.

After refining the denture contours, the wax pattern was invested, packed, and processed in heat polymerized poly (methyl methacrylate) (Meliodent Heat Cure; Heraeus Kulzer) denture base resin with conventional techniques. The processed dentures were returned to the articulator for occlusal equilibration. The dentures were removed from the casts, finished, and polished. The black plastic nylon processing insert of the locator attachment was removed and the pink plastic nylon insert was inserted into the matrix housing with the appropiate tool (Fig. 7). After a clinical remount and occlusal equilibration (Fig. 8), clinical fit assessment and adjustment were accomplished with pressure-indicating paste (Mizzy Inc). Immediate posttreatment therapy included 24-hour, 1-week, and 3-week evaluations, each involving the evaluation of occlusion, oral hygiene, and patient satisfaction and comfort. No clinical complication was seen, and the patient has been followed-up every 6 months for 2 years.

### **SUMMARY**

The single implant mandibular overdenture can be an economical, functional, and esthetic treatment option. The use of a metal-reinforced framework inside the acrylic resin base provides better rigidity to prevent denture fracture; furthermore, the use of a Locator attachment seems to be a suitable attachment system.

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